



Therapy Implementation & Safety Model for Clients and Staff amid COVID-19

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This protocol was developed for Core Therapy Services and is intended to provide itself as a guide of proactive strategies to maintain the health and safety of our staff, clients, and families. This protocol is not comprehensive regarding all aspects and situations and may be subject to change as new information emerges from the government agencies, the CDC, and other authorities, experts, and professionals.

In-Clinic Therapy Services

- Staff must wash hands upon entering the clinic with soap; see protocol below (we will not shake hands or hug)
- Social distancing: staff must practice social distance during interactions
- Staff should have parents/family take clients temperature prior to starting session to ensure there is no fever. Anyone with a temperature of 100.4 or above will not be seen for services.
- Staff will clean all surfaces using the provided bleach solution (2% Bleach to water ratio)

In-Home Therapy Services

- Staff must wash hands upon entering home with soap; see protocol below (we will not shake hands or hug). If you need soap, please contact Tamecia Sims: tamecia.sims@mycoretherapy.com
- Social distancing: staff must practice social distance during interactions
- Staff should have parents/family take clients temperature prior to starting session to ensure there is no fever. Anyone with a temperature of **100.4F or above** will not be seen for services. If you are in a home that a thermometer is not available, please contact: Tamecia Sims.
- Remove shoes at the front door and wear socks to each session. We recommend taking an extra pair of socks.

Handwashing Protocol and Workspace Sanitization

- Handwashing upon entrance to the home and clinic before working with clients
- Frequency of handwashing each hour
- Cleaning of doorknob and toy/material cleaning protocol at the end of session

- Toys/Materials should be wiped at the end of each session with disinfectant wipes or bleach water
- Hand sanitize with each client transition. (Although hand sanitizing is not the most effective for COVID-19, use only when hand washing is not immediately available. Ensure to wash hands with soap and water at earliest convenience).
- Clients hand sanitize each time they transition to a new therapist AND hand sanitize each time they touch or encounter their own bodily fluids (hands to nose/mouth/eyes)
- Handwashing schedule
 - Wash hands with soap and water upon entering home and clinic
 - Wash hands intermittently throughout day (schedule 1x per hour)
 - Wash hands after using the restroom
 - Wash hands prior to eating

Maladaptive Behaviors which involve Spitting and/or Body fluids

For clients who engage in spitting, crisis management will be in effect in collaboration with BCBAs and Supervisors to reduce spiting and focus on health safety. If there are clients who have maladaptive behaviors such as spitting, clinicians should wear a face mask as needed.

- Client handwashing (with antibacterial soap and water) should occur on a fixed interval every 30 minutes. Can be better aligned with breaks such as:
 - Food-snack breaks
 - Bathroom breaks
 - Entering- starting session
 - Exiting- leaving session

Health Policy

- As an additional reminder and common sense protocol, we encourage all staff to encourage good hygiene practices to prevent the spread of COVID-19 and other respiratory diseases. This is to include following the staff memo acknowledging the symptoms, self-reporting obligations and right to refuse work in relation to COVID-19.
- Stay home if you are sick or have a fever and advise others to do the same and complete the staff survey
- Always cover coughs and sneezes with a tissue or sleeve
- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth with unwashed hands and touching others.
- Wash your hands with soap and warm water for at least 20 seconds. Use an alcohol based hand sanitizer with at least 60% alcohol if soap and warm water are not available.
- Clean and disinfect frequently touched objects and surfaces (computers, keyboard, desks, tables, doorknobs, etc.)